MICHIGAN STATE UNIVERSITY

Beta Demonstration Mobile Health Management System

Team Medtronic CSE 498, Collaborative Design

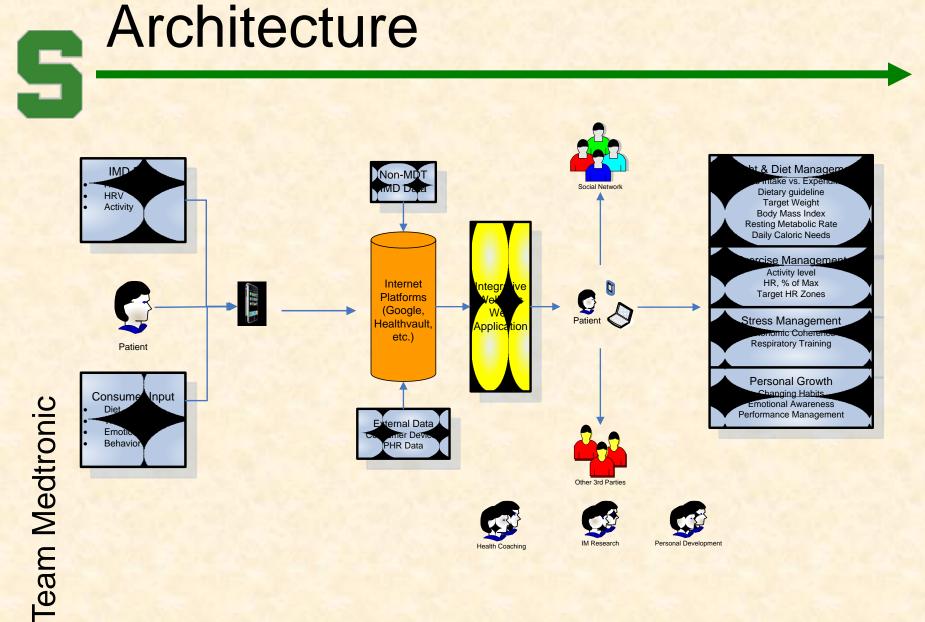
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Project Overview

- Mobile Health Management System
- Improve health and prevent future health problems
- Two applications to track health:
 - iPhone Application
 - Web Application
- Input food and exercise information
- Select goals to track
- Display user's progress on graphs
- Suggest healthier food choices



Screen Shot



Welcome, Eric Smith! April 11, 2010

Home

Logout

Review	Today's
Foods	

Review Today's Exercises

Edit Account

Goal Summary Weight Weight Target: 190

Goals

Current Weight: 220.0

You have **1261.0** before you reach your suggested caloric intake.

Today's Total Food Consumption

Calories:	1260.0	
Total Fat:	56.0 g	
Trans Fat:	0.0 g	
Sodium:	2520.0 mg	
Fiber:	42.0 g	
Protien:	98.0 g	
Total Calories Burned Today		
0		

Calories from Fat:	490.0
Saturated Fat:	35.0 g
Cholesterol:	140.0 mg
Carbs:	126.0 g
Sugar:	56.0 g

Number of Minutes Above Target: 0

You have 30 minutes to go to reach your goal

Heart Rate

Target Heart Rate: 130

Screen Shot

Add Food What:		Add Exercise Exercise:
Number of Servings:		Time(minute):
Nutrition Data (per serving) Calories: Calories From Fat:		Total Calories Burned: Add Exercise
Total Fat:	g	Add Goal Information
Saturated Fat:	g	Add Current Weight:
Trans Fat:	g	Add Weight
Cholesterol:	mg	
Sodium:	mg	
Carbohydrates:	g	
Fiber:	g	
Sugar:	g	
Protein:	g	
	Add Food	

Team Medtronic

Screen Shot



Team Medtronic

Team Medtronic

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Screen Shot

